

Best Practice Guidelines

Commissioned and Compiled By





About the project

Our Best Practice Guidelines was originally a collection of free and paid resources, but all of the guides and supplements are now freely available. They were designed to help individuals and organisations who are seeking guidance on how to approach diversity, inclusion, and accessibility.

The free glossary contains more than 15,000 words of definitions for key terms and concepts. The glossary is designed to introduce the reader to concepts that they may not have considered before, explore why these topics are important, and kickstart further research and understanding.

The guides and supplements acted as a middle-ground between the free, foundational information in the glossary and specific, one-on-one consultancy. These guides are now available for anyone to download. They are action-oriented, so in addition to educating you on a particular social group or concept, they also include advice on how to respectfully approach various situations in content, workplaces, and other environments.

All glossary entries and guides were written by somebody with lived experience of the particular identity or issue. Guides were also each reviewed by two additional people with lived experience to ensure broad perspectives were represented. All contributors to the Best Practice Guidelines were paid for their expertise (except in rare circumstances where their external work commitments did not allow payment for their involvement).

About Represent Me

Represent Me was a not-for-profit research organisation and consultancy agency operating between 2014 and 2024. We connected with creators, event organisers, and workplaces to improve their representation and company culture.

Between us, our directors represented a range of sexualities and genders, socioeconomic lived experience, cultural heritage, and chronic health conditions—including mental health conditions, neurodivergence, and physical disabilities. Our staff and database of contracted consultants represented an even broader cross-section of the diverse world we live in.

Ongoing discussion around representation and diversity is vital, and Represent Me sought to be a key voice within this conversation. The Best Practice Guidelines are a vehicle to further our original mission, despite our not-for-profit arm no longer being active.

v.1.1 | Updated September 2024

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We pay our respects to Elders past, present, and emerging. Sovereignty was never ceded.*



List of available guides

- Ableist language
- ADHD
- Adoption
- Aromanticism
- Asexuality
- Asia
- Autism
- Body shape
- Content warnings
- Eating disorders
- Emotional labour
- Gay / MLM
- Gender fluidity
- Harassment
- Hispanic, Latino, and Latin-America
- Immigration
- Indigenous Australia
- Lesbians / WLW
- Mental health
- Microaggressions
- Middle East
- Nonbinary
- Religion and religious practice
- Skin conditions
- Speech conditions
- Trans men and transmasculinity
- Trans women and transfemininity
- Wheelchairs and physical access

Supplements

- Attraction
- Pronouns and gender inclusive language
- Social model of disability



Updates

Guides planned for second edition

- Acquired brain injuries and strokes
- Africa (Northern Africa, East Africa, Southern Africa, West Africa, Central Africa)
- Anxiety
- Asia (East Asia, South-East Asia, South Asia)
- Ba'hai
- Bipolar
- Black (American)
- Blind and vision impairment
- Buddhism
- Christianity
- Colourblindness
- Deaf, deafness, and hard of hearing
- Depression
- Dyscalculia
- Dyslexia
- Dyslexia
- Hinduism
- Intellectual disabilities
- Intersex
- Invisible conditions (fibromyalgia, CFS)
- Islam
- Judaism
- Language conditions (aphasia)
- Memory conditions (amnesia, Alzheimer's, dementia)
- Motor conditions (Parkinson's, apraxia)
- Paganism
- Polyamory
- Psychosis
- Refugees and asylum seekers
- Schizophrenia
- Self-harm and suicide
- Sex work and sex workers
- Sikhism

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Queerly Represent Me Ltd.
Trading as *Represent Me*
ABN: 95 626 874 226
ACN: 626 874 226

Credits and Special Thanks

Writers and Reviewers

Alain Leo
Alayna Cole
Alison Huang
Amy S.
Anika Z.
Andrea Pecnik
Ari Bahktiar
Aris Gemenetzis
Ash McAllan
Ashe Thurman
Casey Guilds
Cass Lucock
Charlie Francis Cassidy
Dakoda Barker

Diego Saldivar
Ellie Spenceley
Em McAllan
Emily Black
Envy Seekely
Erika Hernandez
Farah Cocoluzzi
Harry Jones
Jae Lin
Jess Gates
Jess Zammit
Jessa Goeslin
Jessica Jung
Kenyeda B Adams

Kortney Terry
Leo McDonagh
Lian Rose
Luciella Scarlett
Luke Jordan
Nathaniel Kreiman
Nicholai Avigdor Melamid
Patricia Cotrim
Phoebe Watson
Robin Usher
Rowan Pierce
Sandra Yi
Sebastian Yue
Stacie Barker
Vanessa Sanchez

Special Thanks

Becke Griggs

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Disclaimer

All opinions, suggestions, and directives included in the Best Practice Guidelines are informed by the lived experiences of the individuals who wrote them and do not necessarily reflect the opinions of the Represent Me team.

Contact

If you have feedback on the Best Practice Guidelines or are seeking additional guides and consultancy, you can contact Represent Me via email:

- hello@representme.charity



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